

Patient Bulletin Spring 2019 - Screening & Immunisation

'Screening could save your life' All available on the NHS – Free of charge.



Wales Abdominal Aortic Aneurysm (AAA)

Men aged 65 are invited for a **one-off** AAA screening test and can contact their local screening office to arrange an appointment. The aorta is the main blood vessel that supplies blood to the body. An AAA is a swelling of the aorta in your abdomen, which left undetected, may split or rupture. You will have a simple ultrasound scan of your abdomen to measure the size of your abdominal aorta. The screener will tell you your result at the time of the test. Take part in AAA screening. Attend follow-ups if you are invited. **Contact your local screening office on 01443 235161 to discuss a screening appointment.**



Breast Test Wales

Women aged 50 to 70 are invited for breast screening every **three years**. You will receive your first invitation before your 53rd birthday. You will be sent an appointment letter and leaflet when you are due for breast screening. The information will help you decide if you would like to take part. You will have a breast x-ray (mammogram) to look for signs of cancer. Take part in breast screening. Attend follow-ups if you are invited. Whatever your age, it is important to visit your GP if you notice any changes to your breasts. **Contact your local screening office if you have a query about your appointment 029 2039 7222**

Visit www.breasttestwales.wales.nhs.uk Email general.enquiries@wales.nhs.uk



Cervical Screening Wales

Women aged 25 to 49 are invited for screening every **three years**. **Women aged 50 to 64** are invited every **five years**. Cervical screening is carried out at your GP surgery or at some sexual health clinics. When you are due for screening you will be sent a letter and leaflet asking you to make an appointment. The information will help you decide if you would like to take part. Take part in cervical screening. Attend follow-ups if you are invited. Smoking can increase your risk of cervical cancer. **Contact your Surgery or screening office on: 029 2078 7920 if you have a query about an appointment.**

Visit www.cervicalscreeningwales.wales.nhs.uk Email general.enquiries@wales.nhs.uk



Bowel Screening Wales

Men and women aged 60 to 74 are invited to take part in bowel screening every **two years**. Bowel screening is carried out in your own home. When you are due for screening you will be sent a bowel screening kit. Take part in bowel screening every two years. Attend follow-ups if you are invited. **To find out more contact the Freephone helpline: 0800 294 3370 Visit www.bowelscreening.wales.nhs.uk Email general.enquiries@wales.nhs.uk**

More details can be found: <http://www.screeningforlife.wales.nhs.uk/home>

Patient Bulletin Spring 2019 - Immunisations

All available on the NHS – Free of charge. If you're not sure whether you or your child have had all your routine vaccinations, ask your GP or practice nurse to find out for you.

8 weeks

Vaccinated in your Surgery 6-in-1 vaccine, given as a single jab containing vaccines to protect against six separate diseases: diphtheria; tetanus; whooping cough (pertussis); polio; Haemophilus influenzae type b, Pneumococcal (PCV) vaccine, Also Rotavirus vaccine and MenB vaccine.

12 weeks

Vaccinated in your Surgery 6-in-1 vaccine, second dose and Rotavirus vaccine, second dose.

16 weeks

Vaccinated in your Surgery 6-in-1 vaccine, third dose. Pneumococcal (PCV) vaccine, second dose and MenB vaccine second dose.

1 year

Vaccinated in your Surgery Hib/MenC vaccine, given as a single jab containing vaccines against meningitis C (first dose) and Hib (fourth dose). Measles, mumps and rubella (MMR) vaccine, given as a single jab. Pneumococcal (PCV) vaccine, third dose and MenB vaccine, third dose.

2 to 9 years (including children in reception class and school years 1 to 5)

Vaccinated in School or Surgery Children's flu vaccine (every year).

3 years and 4 months

Vaccinated in your Surgery Measles, mumps and rubella (MMR) vaccine, second dose. 4-in-1 pre-school booster, given as a single jab containing vaccines against: diphtheria, tetanus, whooping cough (pertussis) and polio.

12-13 years (girls only)

Vaccinated in School (or at Surgery if absent) HPV vaccine, which protects against cervical cancer – two injections given 6-12 months apart.

14 years

Vaccinated in your Surgery as part of a 'TeenTalk' Appointment (or in your schools if outside Cardiff) 3-in-1 teenage booster, given as a single jab containing vaccines against diphtheria, tetanus and polio. MenACWY vaccine, given as a single jab containing vaccines against meningitis A, C, W and Y.

65 years

Available in Surgery Pneumococcal (PPV) vaccine.

65 and over

Available in Surgery Flu vaccine (every year - *Seasonally*).

70 - 80 years

Shingles vaccine. New eligibility criteria now available to everyone aged 70-79.

More details for special groups and Travel can be found: <https://www.nhs.uk/conditions/vaccinations/>