



Wishing all our patients of Llan



Healthcare a Happy and Healthy 2020

Winter 2019

Dear Reader...

We hope you will enjoy reading our latest newsletter, which will give you an insight into services available at both Llan Healthcare sites, including useful information on various health issues.

For more info please visit our Homepage and FB page at:

<https://www.llanhealthcare.co.uk> and

<https://www.facebook.com/llanhealthcare>

Doctors consulting:-

Dr George Brand

Dr Emily Burgoyne

Dr Anisha Champaneri

Dr Amanda Faulkner

Dr Calum Forrester-Paton

Dr Kate Hale

Dr Matthew Jones

Dr Helen Kemp

Dr Lucy Lazarus

Dr Samantha Lonsdale

Dr Roger Morris

Dr Gareth Powell

Dr John Shewring

Dr Sue Williams

Dr Bethan Williams

Dr John Watkins

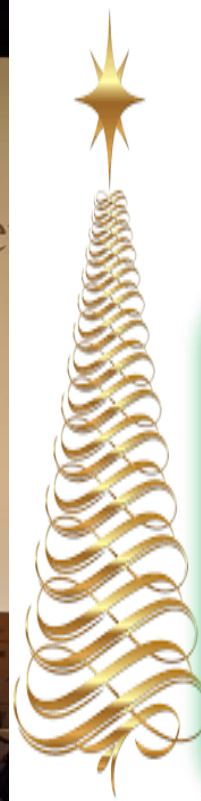
Dr Matthew Sloanes

Llan Healthcare services are provided from both sites;

Llanedeyrn Health Centre
Maelfa
Llanedeyrn
Cardiff
CF23 9PN
02920 731 671

Llanrumney Medical Group
Ball Road
Llanrumney
Cardiff
CF3 5NP
02920 792 661

Congratulations to Dr George Brand on being awarded First Runner up of the Year 2019 at the RCGP awards.



Good Luck to

Dr Lucy Lazarus and Steph Parkhouse who will be commencing their maternity leave soon. We wish them the very best.



We proudly support our Veterans!

Have you or a family member ever served in the UK armed forces? If so let us know at **RECEPTION** so we can update your Records.

For more information, please visit: improvement.nhs.uk/resources/veteran-aware-hospitals



My Health Online

What is it? An online service allowing you to:

- Book and cancel your GP appointments
- Order your repeat prescription requests
- Notify us of any change of address

If you are interested in registering for this service please speak to a member of staff in practice.

THINK PHYSIO

For Primary Care.

We have a New Service!

You can see a Physiotherapist, instead of the GP for certain types off musculoskeletal problems...

Receptionist can provide info or call for an appointment.

For the Christmas holidays our doors will be closed on Christmas Eve from 3pm, all day on Christmas Day and Boxing Day, from 3pm on New Year's Eve and all day on New Year's Day. Please listen carefully to our phone messages.



CHOOSE PHARMACY if you suffer with sore throat/tonsillitis. You can visit your local pharmacy for free advice and treatment for many other ailments such as acne, athletes foot, acute backache, chicken pox, conjunctivitis/dry eye, constipation, haemorrhoids, hay fever, head lice, indigestion, ringworm, nappy rash, scabies, teething, thrush, verruca.

