



MENOPAUSE CARE

(HRT CLINICS)

@ Llan Healthcare



#menopausematters



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Menopause Support Survey Reveals Shocking Disparity in Menopause Training in Medical Schools.

Posted on May 13, 2021

41% of UK universities do not have mandatory menopause education on the curriculum.

This staggering result comes from a survey conducted by the founder of Menopause Support, Diane Danzebrink.



Karen Newby @karennewby_ · 2d
It really is staggering that menopause is just an e module at med school and optional too! #davinamenopause #MakeMenopauseMatter @MenoScandal @ThisisDavina

17 91 728



Female doctors in menopause retiring early due to sexism, says study

E www.economist.com · 2019/12

Experienced women leaving medicine early because of symptoms and lack of support

Millions of women are missing out on hormone replacement therapy ...

12 Dec 2019 — First, every woman experiences menopause. Second, doctors all over the world often fail to provide them with treatment ...

www.newsonhealth.co.uk · news

NHS money wasted with delays in diagnosing menopause | Newson ...

18 Oct 2019 — Dr Louise Newson and her team at Newson Health ... women's time are being wasted ...

Women between the ages of 45 and 55 have the highest suicide rate and divorce rate.

F www.forbes

"Doctors Are Missing the Mark" A New Approach to Menopause Care

8 Jan 2019 — Often, we go to our girlfriends for advice on how they're managing symptoms, from hormone replacement therapy ...

You visited this page on 08/05/21.

If every man woke up on his 50th birthday and started having:

- all-day, all-night hot flashes
- bones deteriorating at an alarming rate
- a dramatic increase in risk for heart disease
- penis shrinkage down to the size of a breakfast sausage
- no capacity for any sexual activity

He would not be told, "This is a normal part of aging." He'd be given solutions.

—Lauren F. Streicher

ESTROGEN AFFECTS ALMOST EVERY ORGAN AND TISSUE IN THE BODY.

— LARA HEIMANN
MENOPAUSE & HORMONES
THE REDEFINING YOGA PODCAST | #418

#Make Menopause Matter

Make Menopause Matter in Healthcare, Employment and Education.

#MakeMenopauseMatter

140,333 have signed. Let's get to 150,000!

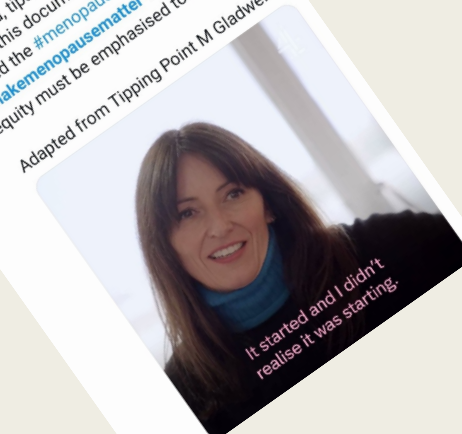
"So many women have to battle their doctors to get it, then feel ashamed to say they are on it as it feels like 'cheating' in some way..."

HUFFPOST
LIFE
Davina McCall: Menopausal Women Are Facing A 'Pandemic Of Injustice'
The presenter shares her experience in a new Channel 4 documentary: Sex, Myths and The Menopause.

Dr. Max Pemberton, The Daily Mail, 11.05.21



Women in Menopause @... · 3d
The tipping point is that magic moment when a social behavior crosses a threshold, tips, and spreads like wildfire. I think this documentary may have tipped the #menopause #makemenopausematter equality and equity must be emphasised too.



Women's Health FACTS

Although female life expectancy is higher than men, women on average spend less of their life in good health

WOMEN'S HEALTH
Let's talk about it

The Telegraph
Meg Mathews: 'Most GPs don't get menopause training - here's how I learned to work the system'
An initial encounter with her GP left Meg Mathews dismayed about the NHS, but it is possible to get the help you need.
1 day ago

Why menopause/HRT clinics?



@ Llanhealth.... who will be running these HRT clinics?

Dr Jayne Forrester-Paton and Sister Carol Davies
have a special interest in women's health.

Following extensive menopause specialist training, Dr Jayne Forrester-Paton, with the assistance of Sister Carol Davies will undertake HRT clinics, managing our own patient's complex cases independently.

Future: It is the intention to eventually set up menopause services for patients in the wider community to access via referral systems.

Quality improvement

■ Aims

- *Educating women to menopause symptoms so diagnosis recognised early*
- *Women provided with appropriate information to make informed choice about HRT*
- *Ensuring HRT offered with confidence and individualising patient care*
- *Standardise care across practitioners*
- *Formalised recall and annual review in month of birthday*
- *Reduce wasted appointments / improve efficiency for patients and the practice*



Do you feel you would benefit from a
menopause / HRT Consult? If so....

Log onto www.Llanhealthcare.co.uk and
submit an eConsult for “Menopause and HRT”

Our HCA will be in contact to arrange baseline tests and assist
you completing a risk assessment and menopause checker.

Following the HCA review you can be booked into our next HRT
clinic with the experts (for telephone consult or Face to Face)