

Llan Healthcare Newsletter

Spring 2018

Dear Reader...

We hope you will enjoy reading our latest newsletter, which will give you an insight into services available at both Llan Healthcare sites (Llanedeyrn + Llanrumney), including useful information on various health issues.

For more info please visit our FB page at:
<https://www.facebook.com/llanhealthcare>

Our website is under development

Llan Healthcare services are provided from both sites;

Llanedeyrn Health Centre
Maelfa
Llanedeyrn
Cardiff
CF23 9PN

Llanrumney Medical Group
Ball Road
Llanrumney
Cardiff
CF3 5NP

We welcome Dr Raea Clarke and Dr George Brand to our GP Team

Substance Misuse

In partnership with the Community Addictions Unit, the practice can offer a treatment programme for patients with substance misuse problems. Please make an appointment with your GP to discuss.

My Health Online – What is it?

An online service allowing you to:-

- Book and cancel your GP appointments
- Order your repeat prescription requests
- Notify us of any change of address

If you are interested in registering for this service please speak to a member of staff in practice.

We are a Training Practice!

We provide placements for newly qualified doctors, medical students, nurses and those interested in medical careers.

(Students may be present during consultations, but this will not affect your care and you can opt out)

Doctors consulting at the practices are :-

Dr Roger Morris
Dr Amanda Faulkner
Dr John Shewring
Dr Sian Davies
Dr Jamie Jones
Dr Anisha Champaneri
Dr Helen Kemp
Dr Rhys Davies
Dr Miranda Thomas
Dr Elizabeth Bohemen
Dr Emily Burgoyne
Dr Raea Clarke
Dr George Brand

Forthcoming Practice Closure Dates

- All day 30th March (Good Friday)
- All day 2nd April (Easter Monday)
- Afternoon of Tuesday 17th April

We shall advise further dates

Are you having a LARC?

Long Acting Reversible Contraception

These services are available at your Practice, which include coils, implants and injections. Make an appointment with the Nurse to discuss further

Are you a carer aged 18 or over helping to look after somebody with an illness or disability?

If so, and would like advice on where to go for help, whether it be financial or independent living, please book a 10 minute appointment with the Carers Champions at your Practice

Llan Healthcare Newsletter

We are now participating in RESEARCH!

Both practices will be involved in some exciting research projects aimed to improve patient care.

Please rest assured you will always receive our best treatment and advice.

In addition, if you meet the study criteria, you may also be able to opt in to studies for new drug treatments.

The choice is always YOURS!

If you receive a letter inviting you to take part in clinical research, **PLEASE** consider it as you will be helping to improve patient care for the future.

Minor illness appointments with the Practice Nurse

For patients requesting same-day appointments many nurses are appropriately qualified to deal with minor illnesses such as:

- Conjunctivitis
- Contraception
- Diarrhoea & vomiting
- Earache
- Rashes
- Sore throats
- Asthma & Diabetes
- Back pain
- Colds, coughs and flu
- Chest infections, water infections, etc

YOU CAN SELF REFER!

Just Call



Thank you to everyone for their patience whilst services were disrupted due to the merger of both surgeries. We are hoping patients are starting to see some positive changes and would ask you to leave feedback on the @llanhealthcare Facebook page or at reception in the patient suggestion box.

We have a suggestions box in both Llanedeyrn and Llanrumney, please feel free to tear this section off and write a suggestion for us or leave us a review on facebook.com/llanhealthcare

Name –

Date –

Suggestion –